



Building an Effective Team

This training seminar focuses on developing both individual and team-based behaviour and skills so that your results as a collective group are improved. It is ideal for similar or cross-functional groups within companies who are seeking to develop their full potential through more effective teamwork

All change begins with an understanding, both of the individual and of the team. During this two day seminar we will focus on developing your team from the inside out.

This training programme will incorporate interactive team building activities in addition to the following :

- The true meaning of team , What's your role ?
- What is holding most people back from the success they desire?
- Creating a shared vision and setting group goals
- Our wonderful mind : What is Attitude ?
- Cybernetics : How our Self Image affects our results in life
- The Communication Model - Establish what is your preferred sense for communication
- Become a more effective communicator and techniques for rapport building
- Work more effectively as part of a team
- How to use simple techniques to deal with negative people or situations and stay in a positive state

Pricing:

Available on request
Group discounts available

Contact us today!

This two day seminar is ideal for groups of 8 -12 people.

Delivered in a lively and informal style the day is broken up with workshops and discussions where individuals and small groups are encouraged to participate in interactive team building activities.